# COLLEGE LIFT



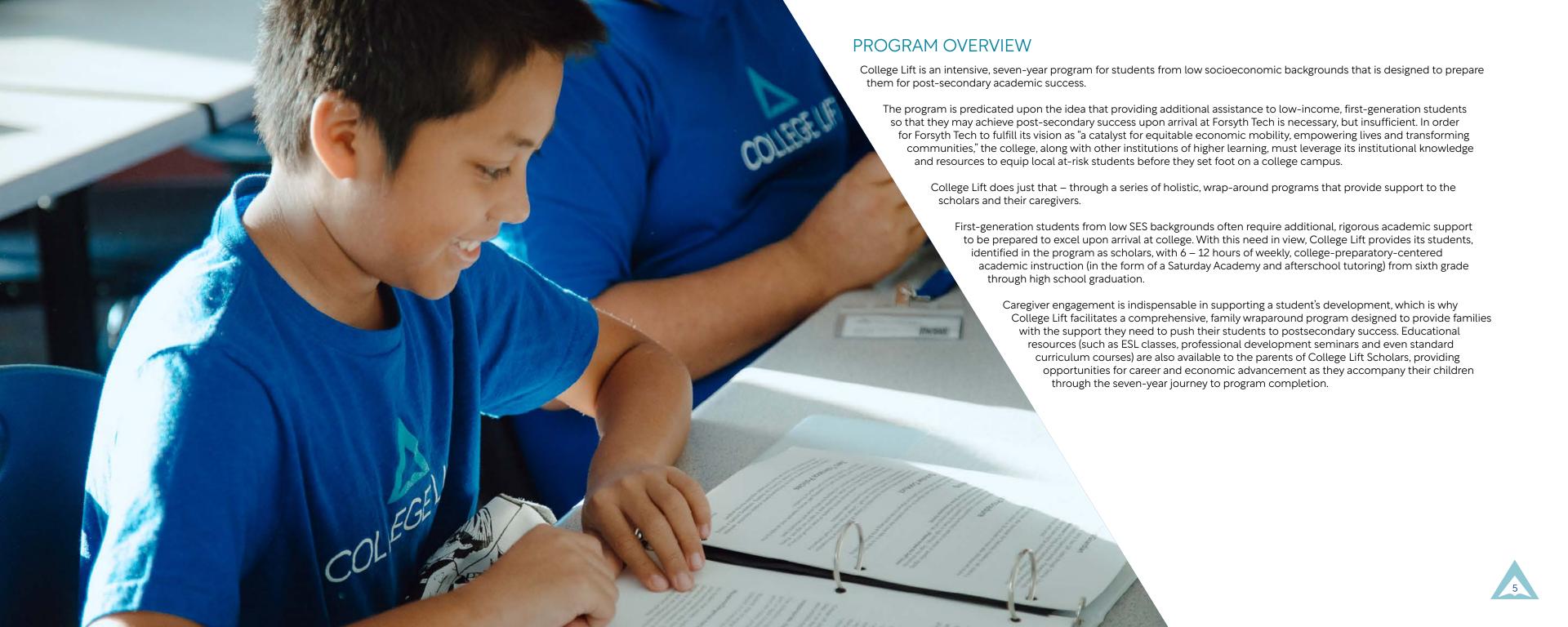


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### CONTENTS

Program Overview5
Saturday Academy9
Tutoring9
Family Accompaniment10
By the Numbers12
Wraparound Supports14
Dual Enrollment14
Collegiate Partnerships17
Crosby Scholars18
K12 Partners21
Scholar Demographics & Recruitment22

"College Lift exists to empower students and their families with comprehensive academic and social supports, activating equitable economic mobility through postsecondary attainment."









Over the course of their seven-year journey, College Lift scholars will spend less than 5% of their time at Saturday Academy or in after-school tutoring. The vast majority of their time will be spent in their homes and communities. This module deliberately makes it impossible to empower these scholars without empowering their families.

College Lift's university, K12 and nonprofit partnerships pale in comparison to the importance of partnership with the parents and guardians of our scholars. Approximately twice a month, an adult caretaker representing each scholar (parent, grandparent, guardian, etc.) will meet during Saturday Academy for the Family Accompaniment program. Family Accompaniment is designed not only to boost caretaker involvement in their scholar's academics, but also to lower educational barriers in the home through soft skills training and domestic support.

Scholar's caretakers are given access to seminars on relevant topics ranging from parenting adolescents and conflict resolution to homework facilitation and applying for financial aid. Family Accompaniment meetings also serve as a platform for the dissemination of key information from guest speakers (e.g. school principals, leaders of educational nonprofits, college representatives), while also functioning as a connection between families and the important services they may need (emergency financial/legal/nutritional support, representation to local K12 authorities in matters such as discipline and school placement, etc.).

Family Accompaniment is caretaker-directed, meaning that program content is not prescribed, but rather collaboratively developed by those that it is designed to serve. This joint administration is facilitated by College Lift's Family Council, a group of parent leaders elected by their peers to represent the perspective of College Lift families in the deliberation of key issues related to Family Accompaniment and the College Lift program as a whole.

Educational resources (such as ESL classes, professional development seminars and even standard curriculum courses) are also extended to the parents of College Lift students, providing opportunities for career and economic advancement as they accompany their children through the seven-year journey to program completion. These classes are provided on the weekends during and after standard Family Accompaniment meetings, as well as on weeknights and at other times accessible for the parents and family members of College Lift students.

Family Accompaniment builds a holistic, wrap-around model of support for College Lift scholars and their caretakers, providing community, support and stability for these families on their journey to a better future.

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#### BY THE NUMBERS

College Lift is an intensive program for students, parents and educators. Here are some snapshots of the time invested to realize a better future:



#### **Hours in Saturday Academy:**

Per year: 147 hours

Over the course of seven years: 1,029 hours
Hours in Family Accompaniment Programs:
Per year: 30 hours

Over seven years: 210 hours



#### **Hours Spent Tutoring:**

High school: over 38 hours per year one on one tutoring, (possibly much more, determined by a scholar's need)
Middle school: between 228 to 456 hours per year

Over seven years, the "average" College Lift scholar will participate in 1178 hours of afterschool tutoring



#### **Summer Programming:**

The average College Lift scholar can expect to participate in approximately 50 hours of summer programming enrichment per summer.



## Hours in Family Accompaniment Programs:

Per year: 30 hours
Over seven years: 210 hours
hours of summer programming
enrichment per summer.





#### Total service time:

Over the course of seven years the average individual College Lift family can expect to receive some 2,767 hours of service. This does not include many of the wrap-around services that College Lift provides, like counseling, additional tutoring, HRD classes for parents, and more.

1:3

middle school

student teacher ratio

(small groups peer instruction)



1:1

1:10 student teacher ratio Saturday Academies in the classroom

**Number of Saturday Academies:** 21 per year, 147 over seven years

(nearly the equivalent of an entire extra year of school

during their time in the program)

Number of tutoring sessions: 38 (high school)

Between 76 – 152 (middle school)





## University of Southern California Neighborhood Academic Initiative Statistics:

College Matriculation: 99% College Completion: 72% (four year degree completion in five or less years)

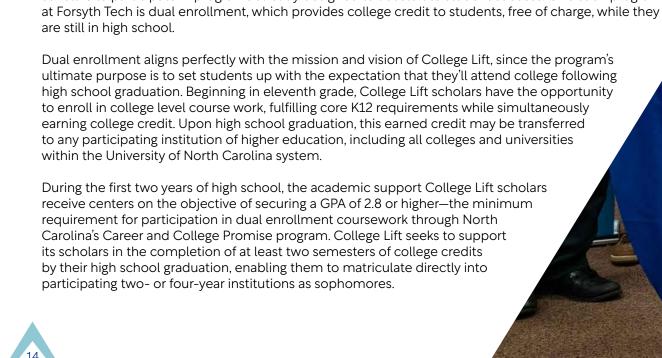
#### WRAPAROUND SUPPORTS

Children are selectively enrolled in College Lift on the basis of need; the average College Lift student lives in a low-income situation and would be the first in their family to attend college. These students come to the program not only with academic setbacks, but also attended by the economic, social, and psychological challenges of a childhood lived in under-resourced conditions. If these students are to successfully navigate the journey through middle and high school and matriculate into college, it is necessary to provide comprehensive support both to the whole child and their family throughout the seven year course of College Lift programming.

With this need to furnish longitudinal stability in view, College Lift provides a variety of wraparound services to the families it serves, including nutritional support and other types of emergency monetary assistance, connection to legal aid, and exposure to a variety of key resources available in the community. A particularly central element of this holistic approach to student support is the provision of counseling services. Counseling professionals affiliated with Forsyth Tech are made available to College Lift students and their families for consultation, therapeutic sessions, and referrals to partnering third party providers as needed.

#### **DUAL ENROLLMENT**

One reason that College Lift fits so well into a community college framework is that it enables the scholars to participate in programs already designed to accelerate student success. One such program



















Thanks to partnerships within the Winston-Salem/Forsyth County Schools District, and the Data Sharing Project, College Lift receives information about the incoming roster of students at select Title 1 middle schools, which drives decisions about recruitment efforts.

As with all aspects of College Lift, there is a high-touch, bespoke effort with regards to recruitment. Nearly all of the families of rising sixth graders are contacted via phone and text first, and then by home visits over the course of the summer. These visits are made by staff, teachers, assistant teachers, Forsyth Tech leadership and personnel from partnering schools.

After the initial home visits occur, interviews are scheduled with students and families that may be a good fit for the program. Conducting these home visits and interviews during the summer, rather than in a school setting, offers the interviewers the change to see students outside of an academic setting, and better assess their level of interest in the program. The interview also provides time to ensure that the parent and child understand not only the opportunities that College Lift provides, but the intensive time commitment required of the family and student, too. As each interview concludes, if both the student and caregiver want to participate in College Lift, the seven-year journey to successful post-secondary attainment begins.







